

Представители других стран, смогут изъясняться на понятном для российских игроков языке. В результате уменьшится количество конфликтов и недопонимании в тренировочном процессе. Должно быть внедрено единое для всех требование – владение русским языком на достаточном уровне, для всех спортсменов, желающих играть или представлять свой университет на соревнованиях различного уровня.

Полиязычие — это неотъемлемая часть нашей жизни, оно присутствует во всех сферах. Спорт — важная составляющая культурного и интеллектуального развития человека. Нужно сделать его доступным для всех и повысить престиж полиязычного образования. Только так можно продемонстрировать высокий уровень полиязычия и предотвратить снижение результатов наших спортсменов. Поощрение полиязычия среди студентов-спортсменов должно стать приоритетом для университетов и спортивных организаций. Обеспечивая ресурсы и поддержку для изучения языков, мы можем помочь нашим спортсменам добиться успеха как на поле, так и за его пределами. Полиязычие в спорте должно стать двигателем прогресса, а не причиной его деградации.

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MODERN PODCASTS FOR THE DEVELOPMENT OF SPEAKING AND LISTENING SKILLS AT THE ENGLISH LESSONS

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Abstract. This article identifies and analyzes educational podcasts as the most effective means of mastering speaking skills in an English lesson. The paper provides a definition of the concept of "podcast", a brief overview of podcasts by type of content, ways and benefits of using podcasts to improve the speaking skills of high school students in English. To obtain the results, the authors used a descriptive method to identify and explain the use of educational podcasts to improve spoken English. The comparative analysis allowed us to find out the advantages and disadvantages of using podcasts in the classroom.

Key words: English teaching process, podcasts, speaking, listening, develop language communication skills, technologies.

In the 21st century, the century of rapid globalization and digitalization of education, the use of information and communication technologies is becoming a regular, necessary and convenient way to comprehend foreign languages. There are many useful resources on the Internet, by studying which modern teachers can enrich their arsenal of tools that help students develop the necessary speech skills, abilities and sociocultural knowledge. One such tool that helps facilitate and bring something new into the process of learning a foreign language is a podcast. Wikipedia defines "podcasting" as a kind of digital media that consists of an episodic sequence of publications-audio, video, PDF, or electronic-that may be downloaded, and streamed online to a computer or mobile device through syndication. To put it simply, podcasting is a kind of radio broadcast that you may download to your portable devices to receive information on a regular basis [1].

A podcast is an audio or video recording made by anyone and available for using the Internet for watching or listening [2, p. 189-201]. An audio or video file or collection of them that are posted on websites is called a podcast. With an Internet connection, podcasts can be viewed online whenever they are desired. These podcasts can also be downloaded and listened to on portable devices, such as computers, laptops, mobile phones, players, etc. Podcasts, which are recordings of audio and video for online dissemination, have only recently gained popularity. Searching for podcasts by topic takes only a few minutes. It is not technically difficult to record your own podcasts on Dictaphones and web cameras of mobile devices. The relevance of using podcasts lies in their functionality, it means creating the illusion of familiarity with the natural environment, which is one of the most important factors for the successful acquisition of a foreign language, oral speech in particular, and oral speech is a form of speech activity, including two types of speech activity: a complex

process of perception and understanding of sounding speech (listening) and realization of speech utterances in sound form (speaking).

Speaking abilities, like all other abilities, do not develop by themselves. It is vital to use specific exercises and objectives for their creation, therefore speaking skills growth should be the primary focus of courses [3, p.278]. Language materials (phonetic, lexical, and grammatical), design guidelines and techniques, as well as an understanding of the national and cultural quirks and realities of the place where the language is being studied, are all included in the content of foreign language instruction. Throughout the learning process at school, students encounter topics and situations that enable them to acquire and develop the skills mentioned above. These help not only to form general learning skills and rational mental working methods, but also to develop the skills of speaking and self-development in a foreign language [4, p.186].

Listening skill can positively influence the development of writing, reading and speaking. In fact, without the skill of listening it is impossible for the skill of speaking to exist, because the latter is associated with communication, when the speaker must not only express his thought, but also understand the speech addressed to him. The work with this activity is reduced to textbook tasks, whereas in real life students will have to understand native speakers. It is the ability to communicate with a native speaker that will indicate the level of English language proficiency. The totality of listening skills will indicate that the learner has acquired listening competence. At the same time, the concept of listening competence is much broader than the concept of listening. According to N.L. Fedotova, “auditory competence is the recipient's ability to understand the general idea of the sounding text and the meaning expressed in it, to distinguish the emotional state and meaning of statements, to formulate their own attitude to the heard information” [5, p. 78].

Nowadays, there are a great number of methods that can be used to develop students' listening skills in the process of teaching English. With the development of informatization, modern teaching technologies are becoming more and more popular, the features of which are their speed, accessibility, openness and efficiency. Podcast service occupies a special place among such technologies. Today mobile podcast is the most popular one, it is an audio file created by any person and distributed on the Internet using a mobile device. Many researchers emphasize various didactic properties of podcasting [6, p. 150]. The properties that most fully reflect the special features of podcasting, including mobile podcasting, in our opinion, are: accessibility,

authenticity, relevance, interactivity, motivational potential, productivity and multifunctionality.

For today's students, it is more usual to listen to podcasts rather than to a teacher in the classroom or a lecturer in the auditorium. At the same time, it should be emphasized that most authors of educational podcasts are certified teachers or research scientists, so the quality of the information presented is at a high level. Podcasts used for language learning purposes are divided into authentic and adapted [2, p. 192].

According to the definition of E. G. Azimov and A. N. Shchukin, language acquisition is the process of forming foreign-language skills and abilities that provide the ability to use the language in various communication situations [7, p. 173]. Thus, considering the driving forces of child development, changes in such cognitive processes as memorization from involuntary to arbitrary, thinking from visual and figurative to abstract-technological are observed [2, p. 53]. Regularly listening to English texts adapted to the learner's ability has a systematic impact on general reading and writing and understanding of the target language, as well as on all other skills, including speaking ability [8, p. 182]. In the process of acquiring communicative skills, a student repeatedly performs speech acts in English, which should be automated, in all types of speech activities - speaking, listening, reading and writing, as well as related to learning new vocabulary and grammar of English. The advantage of using podcasting in education is its authenticity:

- on the one hand, learners are exposed to their globally popular content, divided into categories such as education, technology, health and music;
- affects young people's interests, such as interviews with famous people, TED conference talks with Russian subtitles, stories from experts - PhDs and MDs - on literacy, weekly listening sessions from BBC Radio;
- on the other hand, the learners are exposed to the content from the BBC Radio, etc. In addition, learners become motivated to a greater extent because of the creative value of the materials offered, which consists in collecting the necessary information, in its design and presentation to other learners, as well as in getting the opportunity to create their own podcasts on a certain topic.

Podcasting as an emerging technology has tremendous potential in improving the speaking skills of learners. Combined with the ease of creating available format files, the availability of free recording and editing software such as Audacity, and the fact that players, iPods, or PCs are available to most teens, podcasts can be easily created and used.

Programs such as QuickTime, Windows Media, SoundCloud, and even Google Drive allow podcasts to be played as an eligible file. Their ability to reach large audiences in different parts of the world is a huge incentive for learners to create their own podcasts. Using their imagination, educators can best implement this new technology to develop learners' speaking and listening skills. Teachers recording and posting podcasts, serves as an easy way to disseminate information. With teacher guidance, students can also use podcasts in place of “traditional” assignments. For example, instead of allowing learners to give their opinions about a book, you should allow them to record podcasts on a given topic. For group assignments, learners can be interviewed using podcasts. Podcasts are ideal for learners to practice their English speaking skills without taking up class time with retellings and presentations. There are different types of podcasts on overcoming difficulties in understanding English speech: based on activities for listening comprehension of the main point; based on idiomatic expressions; containing conversations between native speakers; based on detailed listening; accompanied by text; containing vocabularies with correct pronunciation; based on stories [2, p.201]. Any activity that promotes speaking skills can be used to create instructional podcasts, namely: reading aloud; expressing one's thoughts on a topic assigned by the teacher; oral retelling; group presentations; oral book report; debate; dramatic monologues; radio play; instructional rap.

Therefore, the most popular ways of using podcasts to improve high school English speaking skills are: audio tours, learners record school tours, acting as a tour guide,

- current events/news: learners record weekly or monthly podcasts on interesting current events; re-record current events; discussions and debates; interviews; publishing presentations as a podcast, using only voice to communicate their ideas;
- radio programs: students create short radio programs [9, p. 135]. These programs give a new quality to English language learning in high schools, increase the effectiveness of the learning process by providing learners with positive motivation and create conditions for the formation of the necessary skills for communication [10, p. 70].

Podcasts can serve as announcements, lectures, presentations, audiobooks, or supplemental materials in the classroom that help teachers and students achieve their learning objectives. Audio blogs and online journals, music, comedy, audio books, education, news, politics, radio plays, radio programs, games, and sports are among the primary categories of podcasts [8, p.136]. Podcasts are mostly intended to encourage students to acquire new vocabulary and idioms that are frequently used in

conversation. Students can strengthen their speaking abilities in a more conducive setting that encourages both independent and collaborative learning with the use of podcasts [10, p. 70].

Contemporary researchers suggest that the creation of podcasts for English language instruction can include a variety of materials, including lectures, student presentations, conversations with guest experts and instructors, workplace interviews, pronunciation exercises by native speakers, and even sound fragments from songs and movies. The study suggests that a variety of materials can be included.

Today's students cannot imagine life without cell phones, tablets, and computers. The readiness of this generation of students to use new IT applications for learning, and the availability of educational podcasts, has students engaging in electronic and mobile learning. Special attention should be paid to the practical aspect of podcasting for English language learners. First, the use of podcasting motivates students to learn. In other words, the use of innovative means is attractive and convenient for students who use high-tech applications in their daily lives. Second, interactive discussions under podcasts give students the opportunity to participate in real-life interactions by discussing information gained from listening to podcasts with other students and learning in a virtual multicultural environment.

Additional benefits of using podcasts in foreign language learning include: 24-hour accessibility, wide range of content, flexibility and mobility of learning. Today ELT podcasts have been developed and widely used in English language teaching, as well as podcasts included in such interactive textbooks as Outcomes, Total English, Market Leader. To generate interest and prepare students for classroom discussion of topics, podcasts can be distributed before the class itself. After class, podcasts can be used to provide supplementary and review content for more effective learning, sharing opinions and describing homework assignments to restructure time and allow students to focus on class work to the fullest. Podcast exercises are very effective in developing phonetic skills. Students like the possibility of repeating recordings of their speech, listening to them over and over again, comparing the first version with the subsequent ones, thus podcasts are primarily used as a tool for pronunciation development. It should be noted that student and instructor attitudes toward podcasts will vary depending on previous experiences with different types of computer technology. The use of podcasts and blogs outside of class time creates a positive attitude toward foreign language courses.

The use of audio files in the form of podcasts has the effect of motivating students to learn. This is because podcasts help students understand the content

covered in class. It should be noted that podcasts are an effective means of motivating students to learn a foreign language. Podcasts provide students with a more authentic and personal experience in learning various foreign language skills.. Although the length of files, number of podcasts in a series, topics, etc. may vary according to the main purpose of the podcast and the interests/needs of Internet users, the general characteristics. Based on the above-mentioned principles of podcast selection, let us turn to the most useful Internet resources where we can find authentic podcasts for learning a foreign language in more depth.

1. Podcasts in English -Podcasts in English are conversations between native speakers on various topics, with lessons divided by language level and type: Level 1-basic, Level 2-intermediate, Level 3 -advanced and Business English. Episodes last between 3 and 5 minutes, so they are perfect for when you only have a few minutes to spare.
2. The English we speak –is the perfect podcast for those who want to speak like a native speaker and use the latest phrases and constructions of the target language. While textbooks and other learning aids often teach a very formal way of speaking, The English We Speak aims to teach how to speak more like a native by focusing on everyday expressions and slang words. The hosts speak a little slower than normal conversation, making it easier to understand, and the 3-4 minute lessons are easy to comprehend. In addition, this podcast is co-produced with the BBC (British Broadcasting Corporation).
3. ESL Pod-is a fantastic resource for anyone who wants to improve their English. Over 900 different videos can be found here. Part of each episode is a dialog played out between two characters, while the rest of the episode picks out key words from the conversation, explaining their meaning and how they should be used. The conversations run at about half the normal speed, so they are very easy to follow, and each episode comes with a tutorial.
4. Better at English-is an excellent choice for listeners who are ready to absorb some fairly fast English. The podcast is designed for intermediate level learners and the episodes cover a range of interesting topics, from serious debates to fun conversations. Next to each issue you can download the audio of all the conversations, as well as some vocabulary notes to put what you have learned into practice.
5. Voice of America learning English -The UK is not the only country where English is the first language, in fact it is spoken all over the world. It offers lessons on American history and American culture, as well as news programs and science

documentaries, so it can help you improve your English and your knowledge of a wide range of subjects.

With this variety, podcasts will never get too boring for students, as each person will be able to find something different that is really interesting and stop to learn more about a particular topic. Podcasts may be used as learning tools for adapted English language teaching for high school students, and their use in English language teaching is based on the provision of effective oral language development for learners, saving time, and expanding the educational space of the learning process, which promotes individualization of learning activities.

Therefore, podcasts have many advantages. Podcasts are free, easy to use, cover all kinds of topics and are portable. However, like any new technology, podcasting has drawbacks. Podcasts are sometimes attacked by vandalism. As a result, the quality and accuracy of podcasts are reduced. The disadvantages include labor intensity, lack of searching ability, accessibility problems, and limited audience. Thus, educational podcasts improve learner understanding and further discussion, increase student motivation to learn, increase instructor effectiveness, reinforce lecture material and provide additional information, and serve as a new and engaging activity in the classroom and at home.

Overall, we would like to emphasize that podcasting is a new effective method of teaching a foreign language and is successfully used by teachers to form listening and speaking skills, to create a linguistic atmosphere in a foreign language lesson and to activate students' speech and thinking activity. Thanks to podcasting, it is possible to diversify and make more exciting the process of learning a foreign language both in the classroom and at home.

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TEACHING ENGLISH AS A NEW PATH TO PROFESSIONAL DEVELOPMENT

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