

PREVENTIVE MAINTENANCE OF COMPUTER DEPENDENCE OF CHILDREN OF PRESCHOOL AGE

Research of problems of computer dependence of children in Russia gets the special importance in rough development of computer technologies. In last year computer games leave a certain mark on development of the person of the modern child. The powerful stream of the new information, application of computer technologies, namely distribution of computer games renders a great influence on educational space of modern children.

Computer dependence is regularly repeating process of an inclination to the gambblings which collateral facts is deterioration of the general condition, frustration of nervous system, strong susceptibility to stresses, the inactive way of life leading to illnesses of a backbone, decrease in visual acuity because of its excessive pressure. Computer dependence as a socially-psychological problem of the present has the social sources and the reasons, characteristics and properties. Therefore, for reduction of consequences at teenage age it is necessary to carry out socially-psychological preventive maintenance at preschool age. Concentration of efforts of all interested parties - representatives of legislature, executive powers, researchers, public associations consistently to realise measures on development and strengthening of system of socially-psychological preventive maintenance of computer dependence is necessary.

In connection with necessity of working out of the program on preventive maintenance of computer dependence at children within the limits of dissertational research the program «Socially-psychological preventive maintenance of computer dependence at children of preschool age from incomplete families», consisting of 4 stages has been developed and introduced: diagnostic, advisory, practical, kontrolno-total. The diagnostic stage is carried out by means of such techniques, as «the Nonexistent animal», «family Drawing», the Psychogeometrical test, the questionnaire for parents «Attention! The computer! ». According to the received data such kinds of works, have been defined: conversation, trainings for children and parents, joint detsko-parental employment etc.

Thus, during carrying out of socially-psychological actions with children of preschool age at them the opinion on utility of computer games has changed, they began to spend more leisure-time with parents, and after work behind the computer to carry out weakening exercises for restoration of working capacity of muscles and eyes.