

- women are more emotionally expressive;
- women are more emotionally responsive;
- women are more empathetic;
- women are more sensitive to others' feelings;
- women are more obsessed with having children;
- women express their feelings without constraint, except for the emotion of anger;
- women pay more attention to body language;
- women express more love, fear, and sadness;
- women laugh, gaze, and smile more;
- men are more obsessed with sex;
- men are overwhelmed by women's expressions of emotion;
- men express more anger;
- men are stoic;
- men show emotion to communicate dominance.

In summary, social role theory treats differing distributions of women and men into roles as the primary origin of sex-differentiated social behavior, their impact on behavior is mediated by psychological and social processes including developmental and socialization processes, as well as by processes involved in social interaction (e.g., expectancy confirmation) and self-regulation.

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THE WORLD OF TEENAGERS

The success is closely connected with responsibility of the person. A successful person stripped of all worldly possessions might temporarily be without a home, but he or she would never be "homeless". A successful person knows how the world works and has a set of important skills and knowledge that are intrinsically valuable. A successful person is able to use that knowledge to become successful again. As you search for success in your own life, you can strive toward improving these attributes and making them work for you.

You can create a high-level vision of any space that you occupy. This vision allows you to evaluate yourself as well as those around you. It allows you to analyze and, in many cases, truly understand the problems you face. It allows you to become much more strategic in your thinking. Many people never get to the point where they even realize this fact of life. That deficit limits them throughout their lives. Once you

realize that it is possible, you can practice this skill and use it to accomplish things both great and mundane.

The average teenager often faces three significant problems in making all of these choices:

Most teenagers never realize that they have total control of their lives. The questions «Who am I?» and «Who do I want to become?» never quite make it up into the average teenager's conscious mind, so life just sort of bumbles along letting things happen randomly. These teenagers miss a great opportunity because they miss the possibility of becoming anything they want. Your range of options is wide open as a teenager.

Most teenagers do not understand the realities of the world into which they are about to enter. American society is an exciting but tough environment. It requires quite a bit of knowledge to become successful in this environment. As a teenager you are fairly naive about the real world. Most teenagers also live in a protected dreamland created by their parents. That is probably hard (or impossible) for you to imagine, but it is definitely the case. It is easy for you to make mistakes that can affect you negatively for the rest of your life.

Most teenagers do not believe in themselves, nor do they believe that there is any way to improve their odds of success. No matter what path you choose to follow in your life, you have to be confident and believe in yourself in order to succeed. You also need to learn key facts and techniques that will improve your odds of succeeding. One of the best ways to get started is to simply ask the people around you for their thoughts and ideas. Another is to experiment, and your time as a teenager is a great time for that sort of experimentation.

As a teenager you can explore a whole set of options to learn more about yourself and the world around you. You can pick something you really want to do well and you can go do it right now. You don't have to amorously think, "Acting might be fun..." Instead say, "I am going to be an actor!" and then pursue it. You can audition for acting parts. You can find some friends and do plays together. You can write and film your own movies (see Chapter 6 for details). One of the great things about being a teenager is that you can pursue many things at once. You can also afford to fail, and you don't have to worry about it if you do. Head in a direction and see what you find there. That is one of the most important messages in this work.

Thus it is possible to tell that success and self-trust achievement one of the most important components of formation of the teenager as adult person.